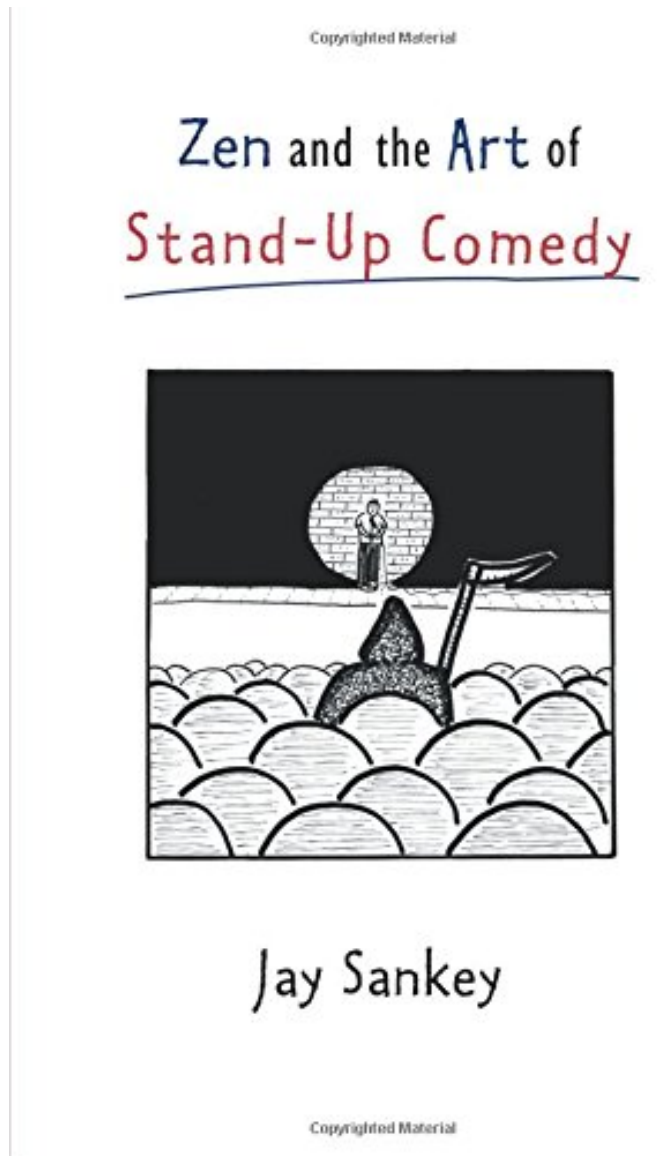


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Zen and the Art of Stand-Up Comedy

Jay Sankey

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File size: 79.Mb

Jay Sankey : Zen and the Art of Stand-Up Comedy before purchasing it in order to gage whether or not it would be worth my time, and all praised Zen and the Art of Stand-Up Comedy:

1 of 1 people found the following review helpful. Definitely a must read for any comic!By Justin MatsonGreat book!
Very helpful and thorough. It covers all the fundamentals but also offers valuable philosophical and technical thoughts
about the art of standup that make it very insightful. EVERY comic should read this! I've had a lot of great discussions

with my comedian friends about the points in this book, and I've re-read it many times as a refresher to make sure I'm hitting all the key points while developing my career as a standup.² of 2 people found the following review helpful. Easy, entertaining read
By Chris Hobart
This book was such an easy and entertaining read. Took my stand up game to the next level, I've done a local showcase in my town and am doing 8 minutes at a club in another city this Friday!¹ of 1 people found the following review helpful. I don't know anything, but I know I loved this book
By kyle r obriot
As a newcomer to performing stand-up I found this book to be an inspiration. I think this book will be something I check-in with as I traipse along the comedy path. I felt deeply connected with much of the contents within the book. I also was happy to read about some common missteps I've been making. Somehow reading about common mistakes makes me feel I'm on the right path.**HIGHLY RECOMMENDED!!!**

In this engaging and disarmingly frank book, comic Jay Sankey spills the beans, explaining not only how to write and perform stand-up comedy, but how to improve and perfect your work. Much more than a how-to manual *Zen and the Art of Stand-Up Comedy* is the most detailed and comprehensive book on the subject to date.

From Library Journal
Toronto-based comedian Sankey may not be a household name, but his how-to book is a worthy complement to Judy Carter's *Stand-Up Comedy: The Book* (Dell, 1989) and far better than Richard Belzer's slight *How To Be a Stand-Up Comic* (Citadel, 1992). While Carter offers more specific advice on joke writing to beginners, Sankey provides more depth, musing helpfully on writing, delivery, set structure, and more. He may be right to advise that naturally funny people can learn to do stand-up, but Sankey could say more about the daunting hurdles to latter-day professional success. His Zen references are judiciously sparse, and his conclusion that stand-up comics can learn from Zen about being "in the moment" and staying loose on stage rings true. For strong performing arts collections.
?Norman Oder, "Library Journal"
Copyright 1998 Reed Business Information, Inc. "Jay Sankey offers aspiring stand-up comics a career's worth of wisdom in "Zen and the Art of Stand-Up Comedy. His advice [is] both thought provoking and practical." - "Publishers Weekly, May 1998
Language Notes
Text: English, German (translation)