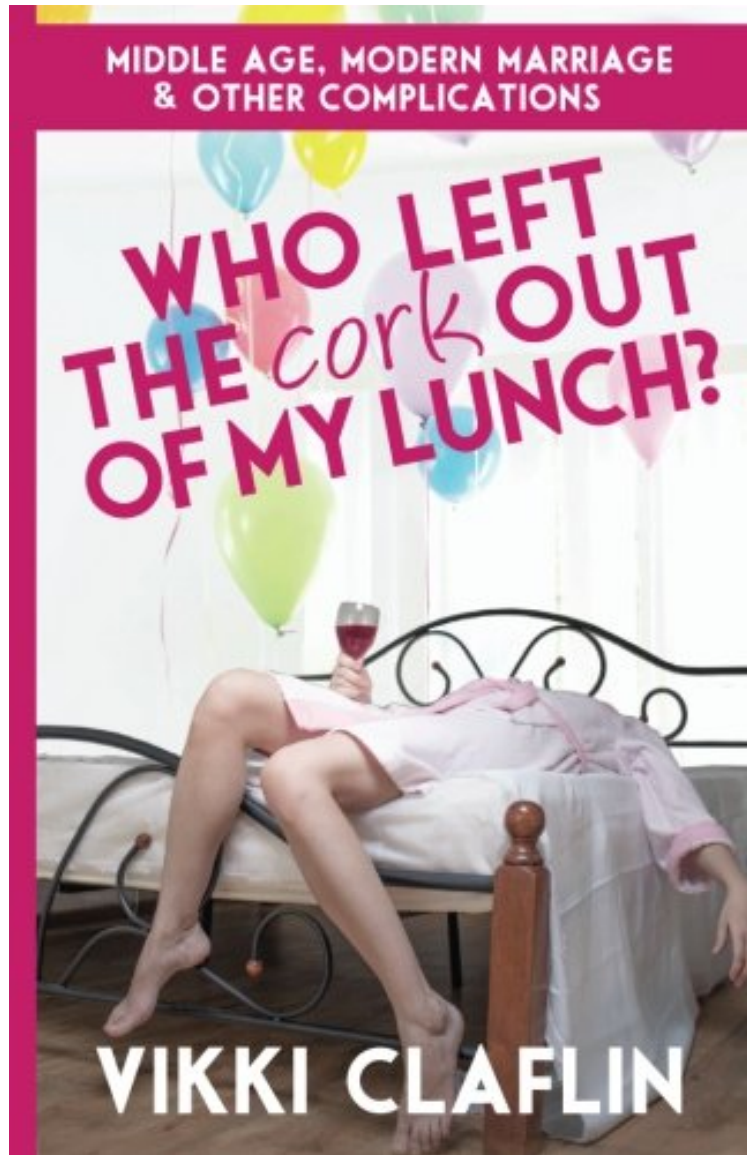


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Who Left the Cork Out of my Lunch?: Middle Age, Modern Marriage Other Complications

Vikki Claflin

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Vikki Claflin : Who Left the Cork Out of my Lunch?: Middle Age, Modern Marriage Other Complications before purchasing it in order to gage whether or not it would be worth my time, and all praised Who Left the Cork Out of my Lunch?: Middle Age, Modern Marriage Other Complications:

4 of 4 people found the following review helpful. Fun, Hilarious and Helpful!By CustomerBook review: Who Left the Cork Out of My Lunch?One Sunday, curled up in my bathrobe with a piping hot mug of fresh coffee, I began reading Who Left the Cork Out of My Lunch? Instantly I found out that I am a proud member of "The Big Girl Panties Society." All the crazy nuances, frustrations, hilarious and heartfelt moments of our midlife years are brilliantly documented with humor and razor sharp candor.The book is so funny that I wanted to devour it quickly, but I kept pacing myself so I wouldn't miss any of the juicy morsels of advice. At one point, my husband came rushing into the family room to make sure I was ok. Apparently, my belly laughing sounded more like a call for help. Who knew?Chapter after chapter confirmed that I am not alone, but rather, I'm a member a big club of women whose pants are suddenly shrinking, body parts flopping, hot flashing night sweating, and moods swinging high and low! I learned some fab beauty tips, fashion advice (the Spanx chapter had me roaring), and even cell phone etiquette! Look out Emily Post!I love Vikki's "list speak"! I am a list maker, too. In between the laughter, you are quite taken by the fantastic lists of tips and anecdotes on just about everything a booming women needs! You name it, she covers it!This book is meant to be shared. Think of it as a modern women's marriage guide. I found myself reading some of the chapters out loud to my husband. There are some phenomenal lists to help your partner learn how to compliment you (you can make some flash cards for him), recognize things you never want to hear, and a brilliant list of divorce prevention tips!It is time to uncork that wine and toast to my midlife goddesses! Love this club!Lucky me, I received an ARC for the book.1 of 1 people found the following review helpful. She makes midlife funny!By Standard_Issue_MomI just preordered my very own copy. I was able to pre-read the first three chapters and laughed so hard I had to buy the whole thing. Vikki Claflin is one of my favorite humorists, and her blog is one of my favorite reads. Very happy to see her getting published, especially since she makes midlife seem funny.0 of 0 people found the following review helpful. Who did leave the cork out of her lunch? Not I! Funny book.By W. B. KingFunny short blogs about getting older. Entertaining.

Are you a woman who has ever looked in the mirror and thought, "How did my mother get in my bathroom?" Have you gone through years of night sweats and seismic mood swings, leaving you with a metabolism that forces you to choose between wine and carbs (so you haven't had a bagel in eight years)? Did you wake up one morning in someone else's body? Then you will love this book. If you ever made a regrettable hairstyle choice, finally conceded that thongs make you look like a Weeble in dental floss, or wished your Hubs would learn that grabbing your boobs every time you walk past him with a load of laundry is not foreplay, then you will love this book. Who Left the Cork out of My Lunch? is chock-full of funny, informative how-to lists, hilarious advice columns, and sharp personal anecdotes that cover subjects from menopause (are we done yet?), empty nest syndrome (sob!), and grandchildren (yay!), to sex (better after fifty), marriage (he said what?), age-appropriate fashion (what does that mean?), cosmetic intervention (to Botox or not to Botox?), diet fails (#972), beauty tips from Mom (still true), and confidence (fabulous after fifty). Laugh along with author Vikki Claflin and her amusing advice on how to let go of our youth and start rocking our middle age. Are you ready?

"At once frank and funny, edgy and heartfelt, Who Left the Cork Out of My Lunch? is a laugh-out-loud romp through midlife. Every woman over 40 should buy this book, and buy another for a girlfriend. Vikki Claflin is us. Pour a glass of wine, put on your Depends, and settle in with this hilarious book. Aging may suck, but Claflin makes it suck just a little less." Jenna McCarthy, author of I've Still Got It...I Just Can't Remember Where I Put It: Awkwardly True Tales from the Far Side of FortyAbout the AuthorVikki is an international best-selling author, humor blogger, and inspirational public speaker. She lives in Hood River, OR, where she writes the award-winning humor blog Laugh Lines: Humorous thoughts and advice on how to live young when you're...well...not, where she doles out irreverent advice on marriage, offers humorous how-to lists galore, and shares her most embarrassing midlife moments. She believes that laughter is what keeps us healthy, young, and fabulous, no matter what our age. Vikki has been featured on the Michael J. Fox Foundation website, Erma Bombeck's Writer's Workshop, The Huffington Post, Scary Mommy, Generation Fabulous, Midlife Boulevard, Better After 50, and Funny Times Magazine. She also received a BlogHer14 "Voices of the Year" Humor award. Vikki's first book, Shake, Rattle Roll With It: Living Laughing with Parkinson's chronicles her hilarious, and sometimes poignant journey, about living with Parkinson's disease. Her newly released book, Who Left the Cork Out of My Lunch? Middle Age, Modern Marriage Other Complications is available now on .com