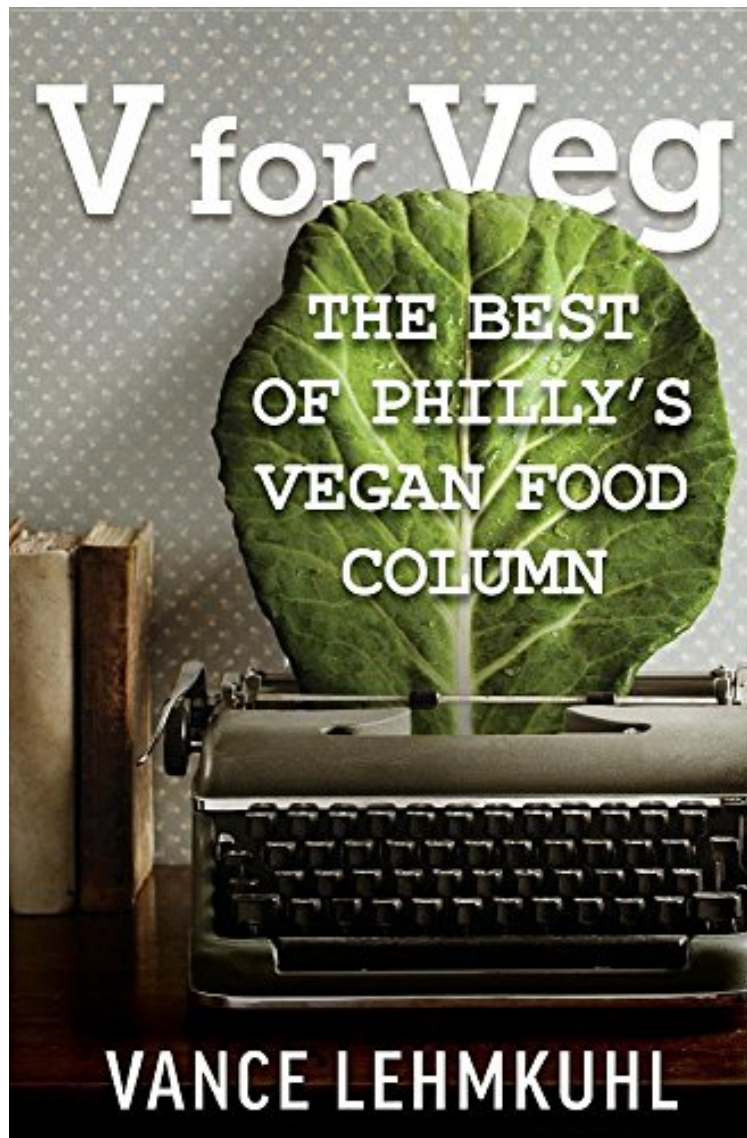


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## V for Veg: The Best of Philly's Vegan Food Column

Vance Lehmkuhl

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**Vance Lehmkuhl : V for Veg: The Best of Philly's Vegan Food Column** before purchasing it in order to gage whether or not it would be worth my time, and all praised V for Veg: The Best of Philly's Vegan Food Column:

V for Veg is a collection of the vegan food columns that Vance Lehmkuhl has written over the past years mainly for the Philadelphia Daily News. Filled with wit, humor and good information about the vegan/vegetarian plant-based

community in Philadelphia, the book covers many of the events, personalities, restaurants, and industries that have grown up in and around Philadelphia. Combining healthful information with a sly, humorous style, Vance Lehmkuhl's book will stir up many a meat eater to explore the animal-free options now available for feeding all aspects of our lives.

**About the Author** Vance Lehmkuhl is the vegan columnist for the Philadelphia Daily News, covering the city's plant-based food scene in his print column "V for Veg" and Philly.com blog "V for Vegans." He served as political cartoonist for Philadelphia City Paper for 12 years, often writing feature stories as well. For many years, he drew for VegNews Magazine the editorial cartoon Edgy Veggies.