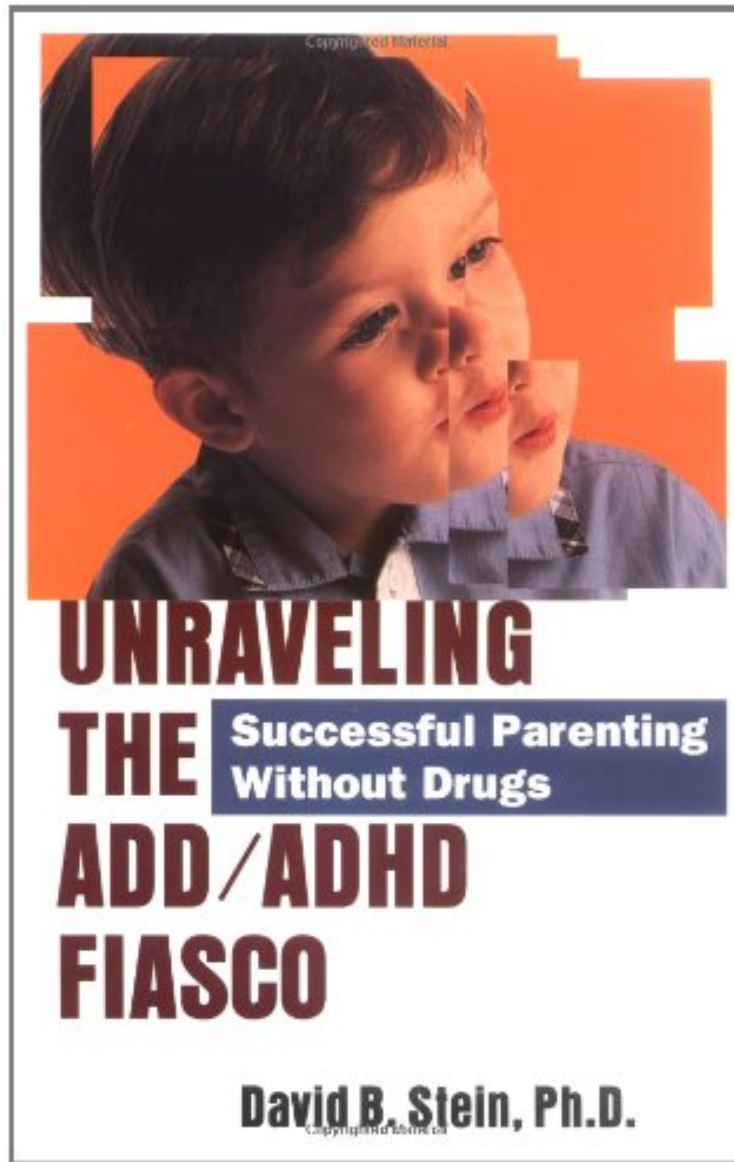


[Download] Unraveling The Add/Adhd Fiasco

Unraveling The Add/Adhd Fiasco

David B. Stein

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David B. Stein : Unraveling The Add/Adhd Fiasco before purchasing it in order to gage whether or not it would be worth my time, and all praised Unraveling The Add/Adhd Fiasco:

2 of 2 people found the following review helpful. Finally, a solution!By CustomerFinally, a solution!As a practicing psychologist for 30 years, I have read this book and recognized that this book is an anser to my prayers. Especially during the last few years, where my practice is concentrated in treating children and teenagers, I was feeling that the

increasing diagnosis of ADHD is not really understood. Sometimes therapy can help I found out, but many times the pressure of school and parents for a solution for this problem made me refer the patient to a psychiatrist for medication. Even then, the problem did not go away, it only was covered up. This means that some children will learn to control the symptoms themselves, some will not. Recently it has become commonplace to request Social Security disability payments for children with this condition, which I could never understand. A child that is misbehaving, no matter for what reason, is declared "disabled" and his parents are supported with my tax money? There was one solution for ADHD and similar problems provided by the Drake Institute in Irvine CA, they could help 80% of patient in short time using biofeedback to change the brain wave pattern. This solution is very expensive and no insurance pays for it, so most of my families could not afford it. Private and public insurances rather pay for many years of psychiatric medication, than for a successful treatment in a few months. I have used behavioral intervention before with mixed success. Then I found this book and have since read it and am now teaching it in my practice. This book, not only uses a behavioral approach, but has refined the approach to make it work most of the time. With proper guidance most parents can implement this program called Caretaker Skills Program (CSP) and can change an ADHD child in a few weeks into a well functioning child without any "Mental Illness" or "Disability." Consequently David B. Stein, Ph. D., is proposing to change the name of the diagnosis from ADHD (Attention Deficit and Hyperactive Disorder) to IA/HM (Inattentive and Highly Misbehaving). This places this disorder in the same category as the other childhood problems like "Oppositional Defiant Disorder", and other behavioral disorder. Nobody would attempt to call these disorders disabilities, deserving public support. He points out that no etiology or physical difference has every been found for this and other behavioral disorders, even the previously assumed Minimal Brain Dysfunction could not be proven and has been abolished as a diagnostic label. David B Stein lists 17 misbehaviors and groups them as (1) Active Manipulations, (2) Verbal Manipulations, (3) Inattentive Behaviors and other (4) Common Misbehaviors. When parents of ADHD patients are given this list, they are surprised, because this list describes their child behavior exactly and they check all or most of these behaviors. Stein gives simple, clear and detailed instruction how to implement the program and describes how to replace punishment with discipline, how to force the child to think and that manipulation and "I don't know" does not work in this program. It seems almost every child can learn that and behave properly. I have just started to apply this approach in my practice and have no statistical valuable results, but this alternative to medication is certainly worthwhile to try for every professional and parent. If you have an ADHD child in your family or your practice, this book is a must. 46 of 49 people found the following review helpful. The CSP non-medication approach to ADD/ADHD By Dr. Bose Ravenel I am a practicing pediatrician with a heavy emphasis on behavioral problems. After reading Dr. Stein's former book RITALIN IS NOT THE ANSWER, although skeptical because so much of conventional "wisdom" about managing ADD was challenged, I cautiously began to offer this approach to select parents. The results were impressive in several cases, and this fueled my desire to learn more about Dr. Stein's approach. Having now begun to offer the CSP (Skilled Caregivers Program) for any parent who prefers a non-medication method of dealing with ADD/ADHD behaviors, I continue to experience success in a number of cases where previously medication offered the only hope for improvement. The current volume amplifies on what Dr. Stein has previously written, and adds a number of areas to supplement the fundamental behavioral premises and techniques. Having had an opportunity to read the manuscript twice prior to its current availability, I am most impressed and unhesitatingly recommend it for any parent dealing with this issue and for professionals who would like to be able to help parents to manage their child's behavior problems effectively without having to resort to medications. A chapter on Dr. Stein's ideas about why we may be experiencing such an explosion of the behaviors defining what we have labelled as ADD/ADHD is outstanding and thought-provoking. I agree with his overall assessment that this behavioral syndrome likely represents basically a culturally derived phenomenon rather than a biological or neurological one. The discussion of both the importance of, and how to carry out, positive reinforcement for appropriate behavior is outstanding and provides the book a commendable balance while dealing with oppositional behavior. I encourage fellow professionals who might initially hesitate to consider seriously Dr. Stein's conceptualization and recommended approach, to do themselves a favor and read this book. S. DuBose Ravenel, M.D., F.A.A.P. 0 of 0 people found the following review helpful. A great book that may change your view of ADHD permanently By John A great book that may change your view of ADHD permanently. I don't think I fully agree with the author's parenting style, but his analysis on the overprescription of adderall and similar drugs is irrefutable.

The number of children being diagnosed with ADD/ADHD has skyrocketed, along with prescriptions for Ritalin and other powerful amphetamine drugs to treat these problem children. This pharmaceutical answer to a behavioral disorder is one of the most controversial subjects in parenting today, and Dr. David Stein offers parents a safe, foolproof alternative. Challenging the disease theories of ADD/ADHD, Stein discusses the conditions in modern society and the American family that cause so many children to hate schoolwork and behave disrespectfully to all authority figures. Rejecting the pill solution, he presents a truly effective parent training program called the Caregivers' Skills Program that helps children learn appropriate behavioral and cognitive skills permanently, without drug therapy. Parents are trained to teach their children to love reading and learning, and to respect authority at home and at school.

Stein presents case studies from his own highly successful practice that demonstrate the remarkably effective CSP that can help parents, educators, physicians and therapists treat today's problem children.

About the AuthorDr. David Stein is professor of Psychology at Longwood College in Virginia. In addition to teaching, he has been a clinical practitioner, writer, researcher, and public speaker for over 25 years during which he has campaigned against the use of amphetamine drugs to treat children labeled ADD/ADHD. He is the author of many professional publications and scientific presentations, and has won numerous awards, including the 2000 Outstanding Teacher Award at Longwood College.