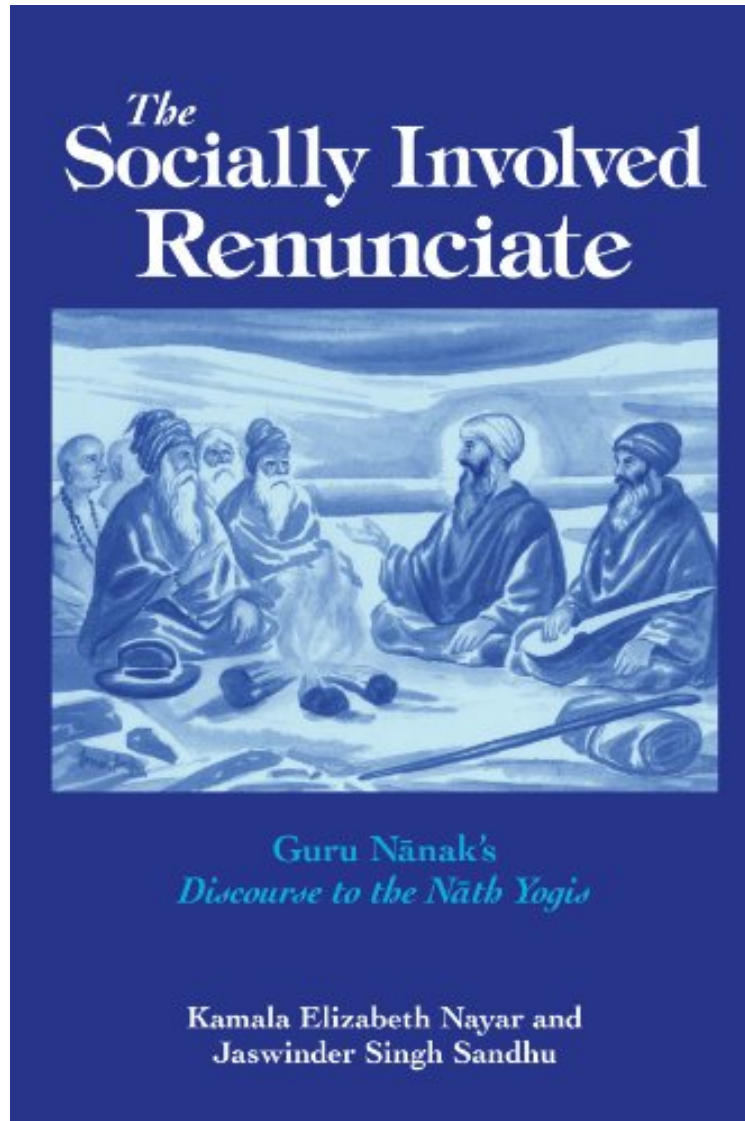


[Ebook free] The Socially Involved Renunciate: Guru Nanak's Discourse to the Nath Yogis

The Socially Involved Renunciate: Guru Nanak's Discourse to the Nath Yogis

Kamala Elizabeth Nayar

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Kamala Elizabeth Nayar : The Socially Involved Renunciate: Guru Nanak's Discourse to the Nath Yogis before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Socially Involved Renunciate: Guru Nanak's Discourse to the Nath Yogis:

8 of 8 people found the following review helpful. A Great Publication By miamiheat33I decided to edit this review after revisiting this book after some time. I have left my original review below. The book first explores the etymology

and background context to the Sidh Gosht including the spiritual schools of thought of the time as well a contextual background to Guru Nanak's path to liberation, this is the real gem of this book. A fantastic in depth analysis and laying out of Nanak's path in very clear and precise language. I'm glad I bought this, will consider buying a second copy as a gift in the near future. There are literal translations available readily online, so the included translation is also of value.-----This is a great publication that includes an in depth analysis into the Sidh Gosht. It explores the values, thoughts and ideals of the times not just within Guru Nanak's views but also within Buddhism, Jainism and Hinduism. The translation of the Sidh Gosht is a modern translation with modern language. However, I would be keen to read an original and literal translation also just to find some deeper meanings that could have been lost (although they may not have been) in the modernised translation. The analysis is very in depth and addresses the social and spiritual ideals of the time. It also analyses the deeper context of the Sidh Gosht, which is something very unique to the this book and lacking online or in other publications

The Socially Involved Renunciate is an in-depth analysis and an original English translation of the Siddh Gost, a fundamental philosophical text of the Sikh tradition. The work reflects the distinctive worldview of Sikhism, the only major Indian religion that does not regard asceticism as a legitimate path to liberation. Composed by Guru Nanak, a medieval, north Indian saint-poet and venerated founder of the Sikh tradition, the Siddh Gost is a dialogue between Guru Nanak and several Nath yogis who had been pursuing a rigorous path of hath-yoga as renunciates of the material world. Through their dialogue, Guru Nanak teaches the Nath yogis a spiritual path that also includes involvement in the social world and offers a practical way to achieve liberation. In *The Socially Involved Renunciate*, Kamala Elizabeth Nayar and Jaswinder Singh Sandhu provide background on Sikhism, highlight the ethical teachings expounded in the Siddh Gost, and demonstrate how Guru Nanak reconciles the polarities of the ascetic and householder ideals.